

"I believe every experience - positive or negative shapes us into a better version of ourselves"

Meet Tianna Bartoletta

Tianna Bartoletta is an American track and field athlete who specializes in the long jump and short sprinting events. She is a two-time Olympian with three gold medals. At the 2012 Summer Olympics she placed fourth in the 100m race then won her first gold by leading off the world record-setting 4×100m relay team. At the 2016 Summer Olympics she won two more golds, first with a personal best to win the long jump then again leading off the victorious 4×100m relay team.

Tianna won the long jump World Championship in 2005 and 2015, along with the long jump World Indoor Championship in 2006. She also was a pusher on the U.S. bobsled team in 2012.

She attended local public schools, including Elyria High School, and was a member of the 2003 USA TODAY All-USA High School Girls Track Team. She appeared in the 2003 "Faces In The Crowd" section of Sports Illustrated and was named the 2003 Gatorade Ohio High School Girls Track & Field Athlete of the Year. She became the third athlete in Ohio history to win four events at a state championship meet two years in a row.

Bartoletta attended the University of Tennessee and is ranked first all-time in Tennessee's history of the outdoor long jump at 6.89 m.



CAREER HIGHLIGHTS

3x Olympic Gold Medalist 2x Long Jump World Champion Long Jump World Indoor Champion

SOCIAL MEDIA REACH

O Instagram: 91k

Twitter: 36.k



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SURVIVE & ADVANCE

By 3x Olympic Gold Medalist Tianna Bartoletta

About The Book

"Survive and Advance" is a tournament strategy athletes employ to advance through the rounds. Whenever possible, athletes will attempt to advance to the next round without expending too much energy. The theory is that their best performance should come at the championships, in the final round, where the medals and titles are decided.

To Tianna Bartoletta, the "Survive and Advance" strategy is effective away from the field of play as well. To her, it means doing whatever is needed to survive life...moment to moment, to get to tomorrow to fight another day. Tianna Bartoletta is defiance personified. Defiant of gravity, and defiant in the face of adversity.

This revealing memoir by 3-time world champion, 2-time Olympian, and 3-time Olympic gold medalist Tianna Bartoletta, chronicles her drive to become an elite athlete and her climb to the top of her game...what you knew about her—and what you didn't—until now.

You may think you know what it means to be a champion, but you're about to find out that you had no idea.

About The Author

Tianna Bartoletta's successes in Track and Field have been her passport to the world, granting her the opportunity to live in different countries and learn multiple languages. However, she believes that her resume as a track and field athlete is the least interesting thing about her. In addition to her nine global championship medals, she's the writer of a well-read blog at tiannabee.com, and the author of the popular eBook, Why You're Not a Track Star, a short read that helps young athletes level up their performances by avoiding the mistakes she made. Tianna is also a certified yoga instructor, an avid reader, a dedicated meditator, and a fierce competitor. She is currently still training and resides in the Bay Area, CA.

- Featured in media including podcasts and online platforms
- Olympic platform (3x Gold medalist)
- Release coincides with U.S. Track & Field trials
- Signing opportunity during U.S. Track & Field trials
- Strong online social media platform (including Instagram 91k)
- Fan engagement campaign including blog and excerpts from book
- Evergreen promotional plan including virtual engagements on book topics